

Fondation  
du Centre universitaire  
de santé McGill



McGill University  
Health Centre  
Foundation

# Dream Big

2023–2024 Annual Report

# Realizing Our Big Dreams, Together.

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# A Heartfelt Thank You From Our Leadership



## Realizing Our *Big Dreams*, Together

As we reflect on the past year, our hearts are brimming with gratitude for all of you who support the MUHC Foundation and share our vision, enthusiasm, and hope for a healthier tomorrow.

Together, we have raised \$173,142,810, bringing us to the final stretch of the *Dream Big* campaign. Our mission, in 2023-2024 and always, remains the same: to make world-class care easily accessible for you and your loved ones.

At the start of this incredible journey, we planted the seeds for a healthy, thriving community. Over the past year, we have witnessed these seeds blossom—a testament to our solidarity and the truly exceptional things we can achieve when we work together.

Your contributions have enabled us to invest in groundbreaking medical research, ranging from precision cancer treatments and personalized heart care to eradicating Hepatitis C in Montreal. The stories of hope, healing, and progress that fill this report are a reflection of the power of your generosity.

Your unyielding belief in our mission drives us to new heights—it is the reason we stand out for our impactful work.

Thank you once again for your trust, your partnership, and your belief in the work of the MUHC Foundation. Together, we are creating a healthier and brighter future for all.

**Marie-Hélène Laramée**  
President and CEO, MUHC Foundation

**Marc P. Tellier**  
Chair, Board of Directors, MUHC Foundation



## Gratitude for What You Have Allowed Us to Achieve

As we reflect on the achievements of the McGill University Health Centre (MUHC) in 2023-2024, we wish to express gratitude to the generous donors who support the MUHC Foundation and step in where government budgets often cannot. Your commitment to bettering your community enables our clinical, research, administrative and support teams to optimize their activities. This in turn allows us to deliver leading-edge care to our patients and their families.

In September 2023, the MUHC Foundation welcomed a new president—Marie-Hélène Laramée. We wish to recognize her collaborative leadership style and thank as well Harris Poulis, the Foundation's chief operating officer, for serving a dual role as acting president for a four-month period to ensure a smooth transition. We are most appreciative.

The MUHC is proud to provide world-class health care in the heart of Montreal. Your investment in us is an investment in better health outcomes and an inclusive patient experience.

Thank you for inspiring us to dream big, develop best practices, treatments and new knowledge with the potential to cure diseases. We cannot wait to see what else we will achieve together.

**Peter Kruyt**  
Chairman, Board of Directors, MUHC

**Lucie Opatrny, MD MHCM, FRCPC MSc.**  
President and Executive Director, MUHC



# Thank You From Your *Dream Big* Campaign Co-Chairs



**The Future Looks Bright**

As we enter the final stretch of our *Dream Big* campaign, we want to extend our deepest gratitude to each and every one of you. This year has been an incredible success, both in dollars raised to advance health care in Quebec and in the impact we’ve made on the lives of real people in our community.

Your support has been instrumental in the ongoing success of our *Dream Big* campaign, and in driving innovation at the MUHC and its research institute.

With your invaluable support, our cancer researchers are pioneering new precision oncology techniques, such as liquid biopsy, to ensure every patient receives the right treatment at the right time; the DOvEE project is on the brink of making testing and early detection of ovarian and endometrial cancers a standard part of women’s care, enabling doctors to detect the deadliest cancers while they’re still treatable; our cardiologists are uncovering previously unknown causes of heart disease and developing personalized treatments to save lives.

Moreover, the MUHC is leading Montréal sans HépC, an ambitious community-based program to prevent and cure hepatitis C cases in Montreal. Your support is not only empowering our health care workers, but it’s empowering our community through education-based initiatives.

These are just a few of dozens of incredible initiatives happening at the MUHC that were made possible because of you.

Thanks to your support, we are not just imagining a better future—we are building it.

With heartfelt appreciation,

**Marc Parent      Suzanne Legge Orr      Jean Charest**



# The Impact of Big Dreams

Together, we're celebrating another record-breaking year. Every dollar you've donated is funding the greatest needs in medicine now and in the future—ensuring that Quebecers have access to the very best care, right at home.

The MUHC is one of the leading teaching hospital networks in the world. From new scholarships and research awards to cutting-edge technology for surgical training, the MUHC Foundation is committed to supporting the next generation of health care professionals who will add to the MUHC's legacy of excellence.

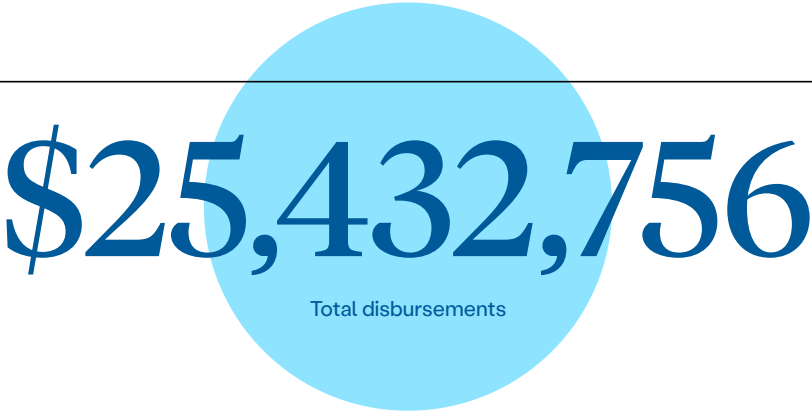
Your unwavering support has helped these brilliant researchers redefine what is possible. From growing heart tissue in a petri-dish and testing new therapies on lab-grown tumours, we are leading the way in personalized treatment, because every patient is unique.

As you flip through the pages in this report, we hope that you are just as proud of the incredible things that we have achieved together—and that, like us, you are looking to the future with optimism and excitement for what's to come.

Together, we're not only dreaming bigger than ever, but we're seeing these dreams come to fruition.



Disbursements		
	Patient Care	\$5,803,302
	Research	\$14,596,336
	Equipment	\$593,118
	Hospital Redevelopment	\$4,440,000



The Transformative Power of the Microbiome

# Reshaping our Understanding of Disease

The MUHC Foundation is proud to support MI4, a transformative initiative that was created to address the growing problem of infectious and immune diseases and was on the forefront of the COVID-19 pandemic response. Within MI4, an important research initiative is currently focusing on the microbiome. Led by Dr. Irah King, PhD, Director of the McGill Centre for Microbiome Research, the microbiome refers to all micro-organisms—bacteria, viruses, fungi—that live on or inside us. The microbiome is so influential in our health that researchers believe it plays a role in the development of illnesses from heart disease and depression to fibromyalgia and Alzheimer’s disease.

The microbes we are exposed to as babies help educate our immune systems and influence our health throughout life. They set the tone for how our bodies respond to everything from the food we eat to infections we may experience later in life. Understanding the ways in which our “microbial self” shapes our health across the lifespan will lead to new treatments for some of the most devastating diseases that we face.

This cutting-edge microbiome research will propel the MUHC to the forefront of innovative medicine, enabling the researchers of MI4 to conduct life-altering research that will impact lives in Quebec and abroad.

“Microbiome research has the potential to unlock a vast array of new knowledge about our health. Scientists want to understand how we can apply this information to the fight against disease.”

— Dr. Marcel Behr, Director of the McGill Interdisciplinary Initiative in Infection and Immunity



YOUR IMPACT

⊕ National Bank donated **\$1.7 million** through the MUHC Foundation to support microbiome research within MI4. These transformative funds are empowering researchers like Dr. King to push the boundaries of microbiome research.

Stopping the Spread

# An Ambitious Program to Eliminate Hepatitis C in Montreal

The MUHC Foundation is proud to support an incredible community-driven program, Montréal sans HépC, that will make Montreal the first city in North America to eradicate hepatitis C (HCV). The initiative was created to combat the lack of awareness and stigma around HCV, an insidious and highly stigmatized disease that affects an estimated 71 million people worldwide.

In Canada, where at least 250,000 people are infected, HCV reduces life expectancy more than any other infectious disease, including HIV. Despite these jarring statistics, modern medicine has made it so that HCV is relatively easy to cure. However, despite the effectiveness of an eight to twelve-week antiviral treatment, many remain untreated—this is because HCV largely affects underserved people, many of whom face significant barriers to accessing health care.

Montréal sans HépC will halt hepatitis C transmission in the city by working closely with affected communities. The goal is to create grassroots interventions tailored to five groups at risk of hepatitis C: Indigenous peoples, immigrants, prisoners, men who have sex with men and people who inject drugs.

Montréal sans HépC is not only empowering Montrealers with the tools they need to stay healthy—it is supporting personalized, tailored care for all Quebecers.

The initiative is led by MUHC infectious disease expert Dr. Marina Klein, Dr. Julie Bruneau, drug addiction physician at the CHUM, and Dr. Christina Greenaway, leader in the Division of Infectious Diseases at the Jewish General Hospital.



“It’s important to note that Montréal sans HépC isn’t just about curing the physical symptoms of HCV, but about empowering patients with knowledge and working to end the stigma.”

— Dr. Marina Klein, MUHC infectious disease expert

YOUR IMPACT

⊕ Supported by a **\$1.35 million** donation from Scotiabank as well as a generous gift from the Rossy Foundation to the MUHC Foundation, Montréal sans HépC will eliminate hepatitis C, restore patient dignity, and serve as a model for broader prevention efforts.





Demystifying Rare and Genetic Diseases

# The SDR Project: Solving Medicine’s Biggest Mysteries

Dr. Donald Vinh is a globally renowned infectious disease specialist at the MUHC. His work to uncover the causes of rare and genetic diseases is part research, part detective work. Using specialized equipment purchased thanks to donations to the MUHC Foundation, he can analyze up to 25,000 genes from his patients to identify crucial, tiny differences that could be the cause of a lesser-known disease.

His patient, Shawnea Roberts, has lived with mysterious and seemingly unrelated illnesses her whole life. With the help of Dr. Vinh, she is closer than ever to understanding why.

Grateful for his help, Shawnea and her family, including her grandfather, philanthropist Jim Hindley, launched the SDR project to raise funds in support of Dr. Vinh's life-changing work. The goal of the SDR project (named after Shawnea's initials) is to raise \$3.1 million over 5 years to support Dr. Vinh's ground-breaking research, including the purchase of state-of-the-art equipment to help with gene analysis.

The SDR project has been instrumental in allowing Dr. Vinh and his team to focus on patient-centred research, enabling them to identify brand-new diseases, work on potential breakthroughs, and help more people with unexplained illness.



YOUR IMPACT

⊕ Thanks to the Roberts-Hindley family, the MUHC Foundation has raised an incredible **\$1.9 million** dollars for the SDR Project, which has enabled the purchase of lifesaving equipment that will establish the MUHC as a global leader in genetic disease research, and save lives right here in Quebec.



Breathtaking Research and Breath-Giving Care

# 50 Years of Innovation at the Meakins-Christie Laboratories

When you can't breathe, nothing else matters. For millions worldwide, chronic respiratory diseases make every breath a struggle. Caused by factors like air pollution, smoking, genetics, infections, and often unknown reasons, respiratory diseases are on the rise—and are currently the third leading cause of death globally.

The MUHC Foundation's *Dream Big: Breathe Easier* campaign has raised millions to support breathtaking research and breath-giving care at the Meakins-Christie Laboratories of the Research Institute of the McGill University Health Centre (RI-MUHC).

Opened in 1972, the Meakins-Christie Laboratories recently celebrated 50 years of pioneering research, from studying the effects of air pollution, smoking, and vaping on the lungs to testing new therapies for COPD. Today, its researchers are using 3D printing and inhalable particles to regenerate damaged lung tissue; harnessing the microbiome—the tiny microbes that live on and inside us—to improve respiratory health; and using artificial intelligence to improve lung health in Montreal and around the world.

Founded by Dr. Peter Macklem, a leader in respiratory medicine, and named after Dr. Jonathan Campbell Meakins and Dr. Ronald Christie, who significantly contributed to respiratory medicine, the laboratories have a rich legacy. They were described as a “science heaven” and were renowned for being ahead of their time.

Today, the Meakins-Christie Laboratories continues its half-century tradition of excellence with groundbreaking research and a push toward personalized health care. All of these innovations are on the horizon, and Montrealers can be proud that this amazing, breath-giving work is happening right here in our city.

“We are incredibly proud to celebrate 50 years of achievement. The longevity of our research program is a testament to its winning formula”

— Dr. Basil Petrof, Director of the Meakins-Christie Laboratories



YOUR IMPACT

⊕ To date, the MUHC Foundation has raised over **\$6.4 million** dollars through our *Dream Big: Breathe Easier* campaign. Every dollar supports transformative, breathtaking research and breath-giving care.



Championing Sustainability

# Reducing the Impact of Greenhouse Gases

Did you know that health care is responsible for 5% of global emissions?


Shockingly, if global health care was a country, it would be the fifth greatest polluter. Some of the emissions generated by health care are necessary to ensure good health, but there are many opportunities to reduce its environmental impact—in particular, anesthetic gases are potent greenhouse gases.

Just like we see in medical dramas, anesthesia is delivered to patients through a mask over their mouth and nose. As the patient breathes in, the anesthesia puts them to sleep. Only 5% of the gases used are absorbed by the patient. The rest—a staggering 95%—are released into the atmosphere.

To address this, the MUHC Foundation is funding a new program piloted at the MUHC—one that will tackle both carbon emissions and waste. In partnership with Ontario-based Blue-Zone Technologies, the MUHC will implement the Deltasorb® system, which recaptures unused anesthetic gases in metal canisters and prepares them for repurposing. The MUHC’s 23 operating rooms are joining over 69,000 across North America who use Blue-Zone Technologies’ recapture system.

As the effects of climate change become more and more evident, the MUHC Foundation believes deeply in funding change to ensure a lower carbon footprint. Our funding is also supporting a number of green initiatives at the MUHC, including an electric boiler and improved recycling.

Together, we are one step closer to creating a greener MUHC.



**YOUR IMPACT**

⊕ A **\$280,000** gift from the Trottier Family Foundation to the MUHC Foundation is helping the MUHC cut emissions caused by anesthetic gases. Thanks to their support, the MUHC will be able to reduce approximately 550 tonnes of CO<sub>2</sub> equivalent per year.



Caring for Every Heart

# Saving Lives, One Heart at a Time

The MUHC Foundation’s *Dream Big: Fix Broken Hearts* campaign is raising transformational funding to ensure personalized heart care for all patients at the MUHC. Monique Chalifour is one such patient.

At 38-years-old, Monique was a healthy, active and involved mother of two. All that changed on May 31, 2022, when she felt a burning sensation in her chest. She said it felt like her heart had exploded. Her husband, Robert, found her pale and sweaty, and immediately dialed 911.

An EKG revealed a spontaneous coronary artery dissection (SCAD), a life-threatening condition of the heart. Monique was rushed to the McGill University Health Centre (MUHC) and placed on an ECMO machine to ensure her survival.

At just 38, Monique was diagnosed with heart disease. After enduring a double bypass surgery and receiving a Mitraclip to rectify the valves and blood flow in her heart, it seemed that she was finally healing. Until later that year, her health took a sudden turn for the worse: Monique went into cardiac arrest on January 26, 2023.

With her life on the line, her family made the daunting decision to go ahead with a risky, but lifesaving procedure to have an LVAD implanted — a mechanical heart that would beat for Monique. This was a temporary solution until a heart transplant could be arranged.




Monique, adopting the motto “just keep swimming,” moved forward with hope. She was the picture of courage and strength.

In January 2024, Monique received her new heart under the care of Dr. Nadia Giannetti and Dr. Renzo Cecere at the MUHC.

“Thanks to the MUHC,” Monique says, “I’ve been given the gift of time. Every day is a blessing.”

“Your donation didn’t just fund my exceptional care, it gave me hope and a second chance at life. Thank you from the bottom of my heart”

— Monique Chalifour, grateful patient at the MUHC



**YOUR IMPACT**

⊕ With your support, the MUHC Foundation has raised over **\$19 million** for our *Dream Big: Fix Broken Hearts* campaign. Every dollar helps bring lifesaving and personalized heart care to patients like Monique.



Leading Precision Cancer Research

# Liquid Biopsy is the Future of Cancer Detection and Care

The MUHC Foundation's \$200M *Dream Big: End Cancer* campaign is driving groundbreaking advancements in precision cancer research, with the goal of ensuring that every patient gets the right treatment, at the right time.

Liquid biopsy is one of many initiatives that is changing the face of cancer screening and care, enabling leaders at the Research Institute of the MUHC's Cancer Research Program to find new treatments and save more lives.

We know that cancer isn't just one disease—there are over 200 different types of cancer, all with their own complexities. To ensure doctors are equipped to fight every variation, they need to understand the cancer they are up against, and liquid biopsy is making this possible.

Using a sample of blood, urine or saliva, cancer researchers are now able to detect cancer in the body by finding its DNA. With it, they unlock the cancer's secrets, and can even predict recurrence before a tumour forms. This is critical because detecting cancer early gives patients the greatest chance for survival.

This exciting research is being led by Dr. Julia Burnier, Scientist at the RI-MUHC and the Cancer Research Program. The data coming out of Dr. Burnier's lab also provides a new look at different cancer types, allowing researchers to find weaknesses that can be exploited, as well as develop treatments that will target and destroy the specific type of cancer.

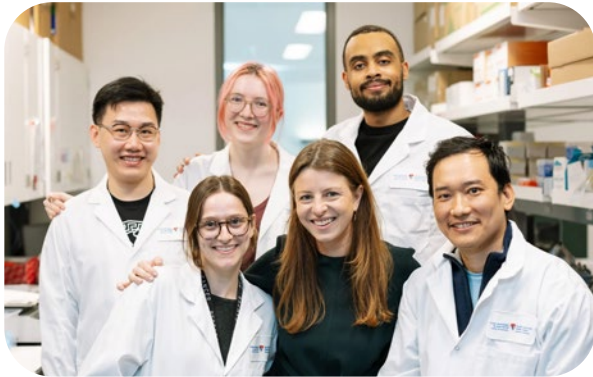
“Liquid biopsy is changing the very landscape of cancer screening. The impact will be huge, because it means that we will be able to detect cancer while it’s in its early stages, and most treatable.”

— Dr. Julia Burnier, Scientist in the Cancer Research Program of the RI-MUHC



**YOUR IMPACT**

⊕ A recent donation by CGI and the Godin Family Foundation is driving further innovation in liquid biopsy research, with the goal of expanding it to various cancer types. With your incredible support, our *Dream Big: End Cancer* campaign has raised over **\$16M towards** lifesaving cancer research and care. Together, we're striking out cancer as a deadly disease.



Transforming Care Through Art

# Recognizing the Healing Power of the RBC Art and Heritage Centre

The RBC Art and Heritage Centre features an incredibly well-curated display of art that lines the walls of the hospital, with the intention of creating a relaxing environment that promotes healing. It's the largest private art collection in the province, with some impressive collections dating back to 1821. The MUHC Foundation is proud to support the centre, which preserves Montreal's rich medical history and showcases an extensive art collection, enriching the lives of patients, families, and staff.

For someone going through a serious illness like cancer or heart failure, art can brighten up the monotonous routine of weeks spent in the hospital and the anxiety of seemingly endless treatments and tests. Studies have shown that art helps patients feel safer, creates a greater satisfaction with their care and can even help shorten hospital stays.

When you line the sterile walls of a hospital with art, it radically transforms the patients' environment, and simultaneously decreases stress levels, improves mood, and brightens up the days of patients, their families, and staff who spend hours, days, or even weeks in the hospital.

The MUHC Foundation recognizes that art is the universal language: it transcends all barriers to provide us with hope and remind us that life is beautiful and worth fighting for.

“Art has a healing component—it’s good for patients and their families—and it has a major benefit for staff. They work in an environment that is humanized, not just long white walls with nothing on them.”

— Dr. Jonathan Meakins, Director, RBC Art and Heritage Centre



**YOUR IMPACT**

⊕ A **\$300,000 gift** from RBC to the MUHC Foundation is supporting the RBC Art and Heritage Centre to bring the healing power of art to patients.

Cultivating Growth Opportunit

# The Desjardins Centre for Advanced Training

The Desjardins Centre for Advanced Training (DCAT) at the Research Institute of the McGill University Health Centre empowers students in their continued pursuit of rewarding careers in life sciences and health research.

DCAT was created in 2009 with the mission of introducing health and life sciences trainees to a wide array of career possibilities and to wholeheartedly championing their career aspirations. Although the traditional career path has been into academia, in reality, fewer than 35% of PhD graduates in life or health sciences are employed in faculty positions at universities. With so many talented and well-trained graduates, there was a critical need to help these bright individuals build marketable skills and connect them with opportunities.

The success of the DCAT program has a ripple effect across Quebec: it connects highly trained health science experts with careers where they can have a vast impact on health care and life sciences. For example, DCAT graduates are contributing to the development of new medicines, improving the health care system, bringing lifesaving clinical trials to the province, and much more.

This innovative centre highlights the MUHC Foundation's commitment to advancing education and career training for the next generation of health care professionals.



**YOUR IMPACT**

⊕ **A \$500K donation** from Desjardins is supporting the Desjardins Centre for Advanced Training (DCAT) at the RI-MUHC. This transformative gift ensures that Quebec's health sciences graduates have the necessary resources for success, underscoring Desjardins' inspiring commitment to fostering innovation and providing high-quality education and career training opportunities in Quebec.





Bridging the Health Care Gap

# Shaping the Future of Women’s Health

Historically, women and people from marginalized groups have been left out of scientific research. Recognizing the urgent need to address this critical gap, the MUHC Foundation is doing its part to fund lifesaving advancements in women’s health. With your help, we’re supporting the MUHC’s experts as they advance critical care in women’s heart health, gynecological cancers, and endometriosis.

Here are three exciting initiatives supported by the MUHC Foundation. Your support is changing the face of women’s health.



## DOvEEgene



The MUHC Foundation is incredibly proud to support Dr. Lucy Gilbert’s DOvEEgene project, a novel genomic pap test for the early detection of endometrial and ovarian cancers.

Currently, these cancers are known as the silent killers because they often present with no symptoms until the cancer has spread. Dr. Gilbert’s groundbreaking test, which allows us to detect these cancers before they become a death sentence, means lives can now be saved.

DOvEEgene is the only test of its kind and is currently in the final stages of a phase 3 clinical trial, proving this to be a historical moment in women’s health research, and it’s all happening right here in Montreal. Thanks to your support, the genomic pap test is on the way to becoming a routine part of cancer screening and will save thousands—if not millions—of women’s lives.

## EndoCARES



The MUHC’s Endometriosis Centre for the Advancement of Research and Surgery (EndoCARES) is breaking the silence on endometriosis, a frequently overlooked disease that affects one in every 10 women.

Most women endure years of pain, nausea, fatigue, and other symptoms in silence, assuming their symptoms are normal. Worse, many go unheard by their medical professionals, and it takes an average of 7 years to receive a diagnosis.

EndoCARES, co-directed by Dr. Bach Nguyen and Dr. Andrew Zakhari, is a first of its kind program in Quebec, and without your support, it would be nothing more than a dream. Thanks to you, women who have suffered silently for years are finally receiving the care they need to lead normal, healthy lives.

## POWERHub



The MUHC Foundation is leading an inclusive approach to heart health with Dr. Judy Luu’s POWER Hub (Pathways to Cardiovascular Care for Women from Ethnic, Racialized, and Remote Communities). This vital heart health initiative is focused on mitigating risk factors and increasing care access for women from disadvantaged groups.

Women make up 50.4% of Canada’s population but are largely underrepresented in research, and this gap is even wider for women of colour. POWER Hub is addressing this research gap and empowering women to learn about their risk factors while increasing access to care.

Thanks to your support, this program is laying the groundwork for a transformative Women’s Heart Health Centre at MUHC, which will revolutionize heart care and bring medical equity to all women across Quebec and Canada.



## Le Bal Rouge



Celebration filled the air at *Le Bal Rouge 2024* as the MUHC Foundation's signature gala raised an impressive **\$2,050,000** for the Cancer Research Program at the RI-MUHC. Held at the historic Windsor Station, the event honoured renowned cancer researcher Dr. Peter Metrakos with a night of Mediterranean fare and flair.

The evening united the province's top corporate and community leaders with a common goal: to end cancer as a deadly disease. Under Dr. Metrakos's leadership, the RI-MUHC's Cancer Research Program has become one of Quebec's largest adult cancer research groups, pioneering new methods of cancer detection and treatment. This year's proceeds will support groundbreaking precision cancer research, ensuring the right treatment at the right time for all cancer patients.

Created in 2016, the MUHC Foundation's *Le Bal Rouge* has raised over \$7 million to support excellence in patient care, research and teaching at the MUHC.

## MUHC's Got Talent



The MUHC Foundation hosted its second annual MUHC's Got Talent fundraiser on November 7th at MTELUS. Modeled after the hit TV show, the spirited event featured MUHC health care staff showcasing their talents on stage to raise funds for causes close to their hearts. Ten outstanding performers competed for votes, raising **\$420,000** to support various initiatives at the MUHC.

The success of the talent show is a testament to the power of our community coming together. Performers included a beloved cardiologist playing guitar, an a cappella group made up of Lachine Hospital patients, a dedicated group of MUHC nurses, and many more incredible talents.

This remarkable event highlights the dedication and talent of MUHC's health care workers, who go above and beyond their clinical duties to support the future of health care in Quebec.

## Rising Star in Medicine



The first-ever Rising Star in Medicine gala took place on May 11, marking the official launch of the Rising Star Program, a collaboration between the MUHC Foundation and the MUHC's Department of Medicine that provides transformative funding and mentorship to brilliant early-career physician-scientists.

In its first year, the program raised a remarkable **\$300,000**, and the inaugural Rising Star was awarded to renowned cardiologist Dr. Patrick Lawler, a Harvard-trained physician and researcher who leads innovative clinical research in cardiology at the MUHC. His research focuses on the relationship and impact of severe infections on heart attacks and long-term outcomes after critical illness.

The Rising Star Program will ensure the MUHC continues to develop as a globally recognized institution by supporting world-class talent right here in Quebec.

## Raise Craze



In October 2023, volunteers and supporters gathered at the Elspeth McConnell Atrium at the RI-MUHC for Pink in the City's Raise Craze, led by local changemaker and long-time MUHC Foundation supporter Denise Vourtzoumis, which was followed later that month by their annual gala. Both events raised a transformative **\$325,000** for the MUHC's Breast Clinic Wellness Program—a much-loved program begun by the Director of the MUHC Breast Clinic, Dr. Sarkis Meterissian.

The head-shaving event was filled with hope and excitement for a brighter future. Two inspiring volunteers, Martine Nagy, a breast cancer survivor treated at the MUHC, and fourteen-year-old Zoe Scappaticcio, both shaved their hair off for the cause.

Since partnering with the MUHC Foundation in 2016, Pink in the City and Raise Craze has raised over \$1 million for breast cancer research and care, advancing our mission of helping breast cancer patients not only survive, but thrive.

# Community Events

EVENT	RAISED
Dan Klimas Drive for the Cure	\$172,260 for cancer research
The Pink Charity Softball Tournament	\$67,500 for the MUHC’s Breast Clinic Wellness Program
Moose Ride	\$58,000 for the Michel Lessard Studentship supporting kidney cancer research trainees
Fondation Yvon Michel Gala	\$201,200 for breast cancer research and care

EVENT	RAISED
Raymond James Charity Softball Game	\$33,645 for breath-giving research and care at the Montreal Chest Institute
100+ Women Who Care	\$20,005 for women’s health
Pink in the City Gala	\$145,000 for the MUHC’s Breast Clinic Wellness Program
Lyceum of Greek Women of Montreal Gala	\$50,000 for Dr. Lucy Gilbert’s DOvEEgene

## Community Giving

# Big or Small, Your Donation Saves Lives

In 2023-2024, the MUHC Foundation community made a substantial impact through grassroots fundraising. One thing is absolutely certain: whether to breast cancer, ovarian cancer, lung cancer, or heart disease—every donation counts.

Our inspiring community is helping fund lifesaving research and compassionate care that is changing the course of lives and medicine.

These are some of the highlights of the MUHC Foundation's community-led programs, which reflect the causes near and dear to your heart.

“We do not do research as an intellectual exercise; we do research because there is a patient at the end of the day. Your support makes our work possible.”

— **Dr. Miguel N. Burnier**, Senior Scientist, RI-MUHC Cancer Research Program

## Personal Fundraising

# Everyone Has the Power to Make a Difference

The MUHC Foundation's Personal Fundraising Pages (PFPs) allow our community to raise important funds for causes close to their hearts. PFPs are especially impactful because they spotlight the causes that people care about most, empowering each of us to actively contribute to meaningful change across health care.

In 2023-2024, the MUHC Foundation's Personal Fundraising Pages raised a total of

\$177,872

for various causes at the MUHC and RI-MUHC.



Hospital Hero

# Heroes Walk the Halls of the MUHC Every Single Day

The MUHC Foundation's Hospital Hero program allows patients and their families to honour the staff, physicians, and volunteers who have gone above and beyond, changing their lives for the better. In 2023-2024, your gratitude has supported improved care at the MUHC and inspired our hospital heroes to continue to provide the compassionate and personalized care that you or your loved one received.

In March, the MUHC's Dr. Ramy Saleh, the Medical Director of Oncology Research, joined the **394 health care workers** nominated this year as a Hospital Hero. This confirms what we already know: The MUHC is known for providing exceptional and compassionate patient care.

“It’s a privilege to be nominated by a patient. It’s a reminder that the little things count, that a few small gestures can leave a lasting impact, and that compassionate care makes all the difference.”

— **Dr. Ramy Saleh**, Medical Director of Oncology Research at the RI-MUHC's Cancer Research Program

In 2023-2024, the MUHC Foundation's Hospital Hero program raised a total of

**\$117,580**

for the hospital's most pressing needs.



Monthly Giving

# Our Health Care Changemakers

Our monthly donors—known as Health Care Changemakers—ensure the MUHC Foundation can support the hospital's most pressing needs. Whether for groundbreaking research or excellence in patient care, your monthly gift has a ripple effect across our community and ensures the health of family, friends, colleagues and neighbours.

Mr. Andrew Andor is a longtime MUHC Foundation Health Care Changemaker. He began donating on a monthly basis to honour his parents and the exceptional care they received. Since 2001, Mr. Andor's generosity has helped shape health care and medical research at the MUHC.

In 2023-2024, the MUHC Foundation's Health Care Changemakers raised a total of

**\$208,790**

for causes near and dear to their hearts.

Giving in Memory

# Honouring Your Loved Ones

When a loved one passes away, we want nothing more than to honour their memory. The MUHC Foundation offers an In Memoriam Giving Program to help you pay tribute. This deeply meaningful gesture is a wonderful way to give back to the community while honouring your loved one's life and values. Your donation not only preserves their legacy but also supports the future of health care for all Quebecers.

“Making a gift in memory is so impactful because it not only honours your loved one but also supports the health and well-being of generations to come.”

— **Jean-Francois Leduc**, MUHC Foundation donor

In 2023-2024, the MUHC Foundation's In Memoriam Giving Program donors raised a total of

**\$306,880**

while creating a lasting legacy for their loved ones.



# Touching Down on Big Wins with the Montreal Alouettes

On the morning of January 18th, the MUHC Foundation invited CFL champions Tyson Philpot, Louis-Philippe Bourassa, Frédéric Chagnon, Régis Cibusu and Shawn Lemon to the hospital, where they met the hardworking staff of the MUHC, signed autographs, and posed with the 80-pound Grey Cup trophy.

Glenn Dean, a recently-retired member of the Courtois Cardiovascular Signature Program of the MUHC and an Alouettes superfan, was ecstatic to meet his heroes. In an interview with Global News Montreal, one of many media outlets that came to the MUHC that day, he shared his enthusiasm:

"I watched the winning goal of the Grey Cup game over and over because no one thought they could do it, but they didn't give up. They keep the same attitude we do here at the MUHC," says Dean.

The Alouettes visit to the MUHC Foundation is a beautiful testament to the close-knit nature of the Montreal community. To commemorate the occasion, the MUHC Foundation handed out mini footballs to all in attendance.

“We need our health care experts. As we have seen in recent years, they are precious people in our society. To come and visit them with the Grey Cup is a small gesture, but we can see that it is appreciated.”

— **Frédéric Chagnon**, Montreal Alouettes linebacker



# Celebrating Nursing Week

In honour of National Nursing Week, the MUHC Foundation provided treats, drinks and gifts to the MUHC's talented, compassionate and dedicated nurses. MUHC Foundation staff, led by Senior Director of Community Relations Wafa Saad, were on hand to take pictures and show gratitude for the amazing work of the MUHC's nurses.

Nurses are critical members of the health care team, providing a wide range of care across the many departments of the hospital. Nursing isn't only about giving medication or taking a blood sample—it's about seeing patients as people and connecting with them as human beings.

“Working at the MUHC is rewarding because I have the best team. My colleagues challenge me, support me and refine my ability to meet my goal to provide the very best care to my patients. It's an invigorating process.”

— **Tamara Faubert**, nurse in the MUHC's Adult Emergency Department.

The MUHC Foundation is grateful to the MUHC's nurses for their commitment to the health of our community.

Thank you to Mr. Puffs, Atypique, O Way Coiffure-Spa and RBC for generously donating their time and the treats.





# Showing Up for Each and Every Heart

Last holiday season, we did things big and small for the MUHC community. The MUHC Foundation team, along with our dedicated volunteers, handed out gift bags to bring comfort and joy to patients spending the holidays in the hospital.

We also launched our *For Every Heart* campaign, supporting lifesaving heart care and transformative research at the MUHC. Your gift during the holiday season ensured that our brilliant cardiologists have every resource they need to fix broken hearts.

The MUHC's cardiologists are on the forefront of medicine. Their drive, passion and expertise ensure their patients receive the best possible care—like Monique Chalifour, who received a new heart and a second chance at life. Your donations turn inspiration into research innovation, and fund state-of-the-art technology, like the one that kept Monique's mechanical heart beating until she received a new one.

Your support had a real, tangible impact on patients at the MUHC, and it brought patients and their families comfort and hope during the holiday season.



This year, every dollar you donated was generously matched by the Morris and Bella Fainman Foundation.

\$406,000

was raised to fix broken hearts!  
Thank you for showing up For Every Heart!

## The MUHC Foundation Welcomes New President & CEO, Marie-Hélène Laramée

Last August, the MUHC Foundation named Marie-Hélène Laramée as its new president. She met with the following local news outlets to discuss her excitement for the role, her perspective, and goals.



## The MUHC Foundation Welcomes the Montreal Alouettes

After their big Grey Cup win, the Montreal Alouettes visited the MUHC Foundation's Glen office to spread the joy and give back to local health care workers. The following media outlets were there to report on the joyous event:



## MUHC's Got Talent

The MUHC Foundation's MUHC's Got Talent returned for its second year last November, and Montrealers were excited at the prospect of seeing their health care workers showing off their hidden talents. The following local news outlet reported on the exciting fundraising event, which raised \$420K for various initiatives at the MUHC.



## The MUHC Foundation's RBC Art and Heritage Centre

The MUHC's RBC Art and Heritage Centre, which is one of the largest private art collections in Quebec, relies on donations through the MUHC Foundation to make time spent at the hospital a little easier. In January, the following media outlets reported on the story, calling attention to the MUHC Foundation's commitment to healing:



## The MUHC has over 800 volunteers

A hospital needs its volunteers, and the MUHC has over 800 who provide the perfect complimentary care to patients at the hospital. We're proud to support the MUHC's Volunteer Services—in the past two years, the MUHC Foundation has funded over \$116,000 towards the program. Last December, the following news outlet reported on the heartwarming story:



# The MUHC Foundation is Accredited by Imagine Canada



The MUHC Foundation is proudly accredited by Imagine Canada for excellence in non-profit accountability, transparency and governance. This program recognizes excellence and sets national benchmark leadership standards for charities and non-profits. Imagine Canada’s seal of excellence signals that the MUHC Foundation has met the rigorous criteria of the program and is committed to good governance.

The MUHC Foundation is only the second hospital charity in Quebec to receive this prestigious designation.

“Imagine Canada accreditation reflects the unwavering dedication of our board of directors, employees, and volunteers. This prestigious recognition empowers us to keep advocating for better health care in Quebec.”

— **Marie-Hélène Laramée**, President and CEO, MUHC Foundation.

# The MUHC Foundation is One of Canada’s Most Admired™ Corporate Cultures



The MUHC Foundation has been named one of Canada's Most Admired™ Corporate Cultures, a prestigious recognition that underscores our dedication to fostering an open, transparent, and respectful workplace that values communication and embraces innovation.

“Being named one of Canada's Most Admired™ Corporate Cultures is a testament to the dedication and passion of our entire team. At the MUHC Foundation, we believe that a strong, positive culture is the foundation of our success and our ability to make a meaningful impact in the community.”

— **Marie-Hélène Laramée**, President and CEO, MUHC Foundation

*Canada's Most Admired™ Corporate Cultures* is administered by Waterstone Human Capital, Canada's leading cultural talent management firm.

# Financial Highlights

## Statement of Operations

For the fiscal year ending on March 31, 2024

Revenue	
Donations and grants	\$27,536,711
Estates	\$1,557,862
Activities	\$2,932,473
	<hr/>
	\$32,027,046
Expenditures	
Administrative costs	\$767,643
Compensation and benefits	\$4,187,241
Fundraising and campaign costs	\$1,649,212
	<hr/>
	\$6,604,096
Other Income	
Investment income	\$15,854,862
Investment management fees	\$(1,042,348)
Other income	\$138,409
	<hr/>
	\$14,950,923
Excess of revenue over expenditures before the following	\$40,373,873
Distributions for the benefit of the MUHC	\$(25,432,756)
	<hr/>
Excess (deficiency) of revenue over expenses for the year	\$14,941,117

## Statement of financial position

March 31, 2024

Assets	
Current	
Cash	\$6,673,260
Other receivables	\$30,168
Prepaid expenses and other assets	\$194,638
	<hr/>
	\$6,898,066
Investments	\$140,400,829
Leasehold improvements	\$69,685
Artwork	\$1,203,981
Land and building	\$28,348,078
	<hr/>
	\$176,920,639
Liabilities and Capital	
Current	
Accounts payable and accrued liabilities	\$1,193,481
Payable to the MUHC	\$275,274
	<hr/>
	\$1,468,755
Mortgage on land and building	\$28,348,078
	<hr/>
	\$29,816,833
Capital	
Fund balances	\$140,863,252
Funds held by Trustees	\$6,240,554
	<hr/>
	\$147,103,806
	<hr/>
	\$176,920,639



# 2024 Honour Roll

The Honour Roll lists the individuals, companies and foundations who have made exemplary donations in 2023-2024.

Visionaries \$1,000,000 +		
A	Anonymous (1)	D
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	Doggone Foundationn	John Di Genova
B		Divco Limited
		E
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C		F
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D		Fondation Mirella & Lino Saputo
		H
		Hydro-Québec
E		I
		Tony & Betty Infilise Family Foundation
		Fondation Céline et Jacques Lamarre
F		Suzanne Legge & R. Jeffrey Orr
		John R. McConnell Foundation
G		M
		Medtronic Canada
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I		Marc Parent
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J		RBC Royal Bank
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K		S
		William & Joyce Sinclair
Chairs Council \$10,000-\$99,000		
A	Anonymous (8)	
	F2397718 Ontario Inc. Invest CO	
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“The grants funded by the MUHC Foundation have catalyzed groundbreaking research at the MUHC, underscoring their commitment to funding the next generation of brilliant health care workers and researchers, and cultivating a future where innovation meets healing.”

— Marie-Michelle Pathy, Chair of the MUHC Grants Committee

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D	Deloitte Jean-Yves Desharnais Desjardins Amanda Furfaro Desmarais Raffaele & Josefina Caruso Di Lillo Robbie Dickson Althea M. Drummond Geneviève Dubé	G
E	The Eakin Family Foundation Ian L. Edwards Bernard Eggimann Eli Lilly Canada Inc. Carole Epstein Foundation Esatte of Marjorie Hazel Murdoch Pike	H
F	Fiera Capital Susan Fitzpatrick Flora Ann Birks Foundation Foulkes & Neylon Medical Services Inc. The Sal Furino Family Foundation	I
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H	Michael St.B. Harrison The Hay Foundation Hewitt Group James Hewitt	K
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Q	Paladin Labs Inc. Pandion Investments Ltd. Pass it Along Foundation PBY Capital Limited John & Adrienne Peacock Peter & Claire Kruyt Pfizer Canada Inc. Ioana Pilat Michel Poirier Stephen Potten Queen Elizabeth Hospital Foundation Health Fund John & Phyllis Rae	T
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T		W
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# 2024 Honour Roll

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U UBS Securities Canada

V VitalAire Canada

Y Ren Yu Xu

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Avvolto  
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Gérald Drapeau  
Lynda Drouin  
Henriette Drouin-Cann  
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Luc Dubé

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N

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